

December 2015 RD WOOD ELEMENTARY MENU MILLVILLE PUBLIC SCHOOLS



Student Lunch Price \$2.90

All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting: www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday	-
•	1)	2)	3)	4)	
	French Toast	Macho Nacho	Hot Dog on a roll	Assorted Pizza	l
	Turkey Sausage	W/Seasoned	Baked	Spinach/	l
	Hash Brown	Turkey	Mac&Cheese	Romaine	
	100% Fruit Juice	Over W/G Rice	Baked Beans	Salad	
		Lett/Tom/Cheese	Chilled Fruit	Orange Slices	l
		Chilled Fruit	SGarrane		l
		JGarran			
	С	D	E	Α	
7)	8)	9)	10)	11)	
Pizza Crunchers	Popcorn Chicken	Corn Dogs	Tacos	Assorted Pizza	l
Marinara Sauce	Dinner Roll	Cut Corn	W/Seasoned	Spinach/	l
Spinach/Romaine	Steamed Broccoli	Chick Pea Salad	Turkey	Romaine	
Salad	Chilled Fruit	Chilled Fruit	WG Rice	Salad	
Chilled Fruit			Lett/Tom/Cheese	Orange Slices	
В	С	D	Chilled Fruit		l
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			-		
14)	15)	16)	17)	18)	
Chicken Patty	Cheeseburger on	Grilled Cheese	Meatballs on a	Assorted Pizza	
On a Roll	A Bun	Tomato Soup	Roll	Spinach/	l
Lett/Tom	Baked Beans	Goldfish Crackers	Parmesan Cheese	Romaine	l
French Fries	Lett/Tom	Chilled Fruit	Spinach/Romaine	Salad	
Chilled Fruit	Chilled Fruit		Salad	Orange Slices	l
В		D	Chilled Fruit		l
	С				
			Е		l
21)	22)	22)		A	l
21)	22)	23)			l
Pizza Crunchers	Chicken Tenders				
Marinara Sauce	French Fries	Holiday Break			l
Spinach/Romaine	Sliced Carrots				l
Salad	Chilled Fruit	Bag Lunch Express			
Chilled Fruit		1/2 Ham & Cheese			
_	С	_			l
В		D			l
					l
			Fresh Fruit		l
			Available Daily		l
	Fruits Com	All Breads/Grains			l
		served are Whole			l
	Protein	Grain or Whole			l
		Grain Rich			l
	ChooseMyPlate.gov				l
					l
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Entrée Alternates

Looking for something different?

Choose from the following as your hot OR cold entrée. All selections are offered with a choice of 2 sides from the daily hot veggie, chilled fruit, or fresh fruit and a LF/FF Milk.



Alternate 1 will be

Week of Dec 1-4 ¹/₂ PB&J and 9oz Fruit Parfait

Week of Dec 7-11 Cheeseburger W/Lett/Tom

Week of Dec 14-18
Cereal Fun Lunch

Week of Dec 21-22 Sloppy Joe on a Bun

Available Daily

PB&J Sandwich
Tuna Sandwich
H&C Sub
H&C Sandwich
Garden Salad W/Cheese
Chef Salad W/Ham

*MENU IS SUBJECT TO CHANGE.



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